

Have your say about mental health at work in the ACT

ACT workers: Have your say about mental health at work

Why is this survey being conducted?

The Worksafe ACT Commissioner Ms Jaqueline Aguis has asked Dr Peta Miller (an independent WHS consultant) to conduct an anonymous Have your say about Mental Health at Work in the ACT surveys. These will ask workers, employers, licensed labour-hire providers, and advocates (e.g., industry associations, unions, and professionals who provide advice to employers) about:

- common psychosocial hazards and risks at work
- current approaches to managing psychosocial hazards and risks
- barriers to effective psychosocial hazard and risk management, and
- what the regulator (Worksafe ACT) can do to better support employers and workers.

The surveys will run from March to April. The de-identified anonymous results will be provided to Worksafe ACT in June and available more broadly to interested stakeholders later in 2022.

The insights from the survey, together with data from the Worksafe ACT helplines, workers' compensation claims, visits by Inspectors and ongoing stakeholder consultations will inform and help measure the effectiveness of Worksafe ACT's mental health at work programs. The de-identified survey results will also be of interest to anyone who provides support to ACT organisations and workers.

How can I have my say?

The **workers' views survey** will take about 9 minutes to complete. To complete click on the Workers' View Survey link <https://www.surveymonkey.com/r/HQG6Z9Y>. scan the QR code below.



You can save and come back to your answers, then when you are ready hit submit. If you want to save a copy for your own records of what you said.

How can I help other workers have a say too?

Please share this brochure with anyone who does work in the ACT. Don't worry even if you share this link others can't see your responses.

Have your say about mental health at work in the ACT

How will everyone's privacy be protected?

The survey does not ask for your or your organisation's name. The survey data will be collected and administered by an independent WHS consultant Dr Peta Miller in accordance with the ACT [Information Privacy Act 2014](#).

Only de-identified summary and group results, for example by age group or industry will be shared with Worksafe ACT and interested stakeholders.

If you want to know more about the survey and how your privacy will be protected, please send any questions to peta.miller.au@gmail.com and Dr Miller will get back to you.

Can my employer see my survey responses?

No. No one including your employer, Worksafe ACT, your industry association or union will be able to identify you and what you said. The survey is anonymous, it doesn't ask for your organisation's name, your name, contact details, date of birth or other personal information that would make it possible to identify you.

Can I see my individual results?

You can save and print out your own survey for your records. But because no names, organisational addresses, or ISP links are collected you won't be able to see your individual results compared to what others said.

How can I see what the survey found?

Later this year Worksafe ACT, industry associations and unions will be collaborating to present information sessions on mental health at work. The de-identified group results will be presented so lookout for information on these sessions.

Where can I find out more about mental health at work?

To find out more about managing mental health at work and managing psychosocial hazards and risks go to <https://www.worksafe.act.gov.au/health-and-safety-portal/safety-topics/mental-health>.