

# Have your say about mental health at work in the ACT

## ACT employers: Have your say about mental health at work

### Why is this survey being conducted?

The Worksafe ACT Commissioner Ms Jaqueline Aguis has asked Dr Peta Miller (an independent WHS consultant) to conduct anonymous *Have your say about Mental Health at Work in the ACT* surveys. These will ask workers, employers, licensed labour-hire providers, and advocates (e.g., industry associations, unions, and professionals who provide advice to employers) about:

- common psychosocial hazards and risks at work
- current approaches to managing psychosocial hazards and risks
- barriers to effective psychosocial hazard and risk management, and
- what the regulator (Worksafe ACT) can do to better support employers and workers.

The surveys will run from March to April. The de-identified anonymous results will be provided to Worksafe ACT in June and available more broadly to interested stakeholders later in 2022.

The insights from the survey, together with data from the Worksafe ACT helplines, workers' compensation claims, visits by Inspectors and ongoing stakeholder consultations will inform and help measure the effectiveness of Worksafe ACT's mental health at work programs. The de-identified survey results will also be of interest to anyone who provides support to ACT organisations and workers.

### How can I have my say?

The ACT Employer's views survey will take about 11 minutes to complete. To complete the survey please either click on this link <https://www.surveymonkey.com/r/HQCXTXK> or scan the QR code below.



You can save and come back to your answers, then when you are ready just hit submit. You may want to save a copy for your own records of what you said.

### How can I help other employers have their say?

Please share this brochure with anyone who owns or runs a workplace in the ACT.

# Have your say about mental health at work in the ACT

## How will my and others privacy be protected?

The survey does not ask for anyone's or their organisation's name or contact details. The survey data will be collected and administered by an independent WHS consultant Dr Peta Miller in accordance with the ACT [Information Privacy Act 2014](#).

Only de-identified summary and group results, for example by age group or industry will be shared with Worksafe ACT and interested stakeholders.

If you want to know more about the survey and how your privacy will be protected, please send any questions to [peta.miller.au@gmail.com](mailto:peta.miller.au@gmail.com) and Dr Miller will get back to you.

## Can Worksafe ACT or others see my survey results?

No. No one including Worksafe ACT, other employers, your industry association or the relevant union will be able to identify you and what you said.

The survey is anonymous, it doesn't ask for your organisation's name, your name, contact details, date of birth or other personal information that would make it possible to identify you.

## Can I see my results?

You can save and print out your own survey for your records. But because no names, organisational addresses, or ISP links are collected you won't be able to see your individual results compared to what others said.

De-identified group results will be presented later in the year so lookout for information on these sessions.

## Where can I find out more about mental health at work?

To find out more about managing mental health at work and managing psychosocial hazards and risks go to <https://www.worksafe.act.gov.au/health-and-safety-portal/safety-topics/mental-health>.